



## Year 5 Camp - WHAT TO BRING

**Here is a checklist to help you pack for your trip to Roses Gap.**

### **What to bring:**

- Sleeping bag (an extra blanket can be handy when it's cold)
- Pillow & pillow case
- Personal toiletries (toothbrush, toothpaste, soap, deodorant, sunscreen, medications)
- Bath towel and an extra towel for water activities
- Suitable clothing (including jumper, t-shirts, shorts, track pants, bathers, socks, sturdy shoes, hat, underwear, pyjamas etc)
- Old shoes for water activities including canoeing (no thongs or crocs)
- Waterproof jacket/wet weather gear
- Sun hat and beanie
- Hair tie (long hair must be tied up for activities)
- Drink bottle
- Day pack
- Torch
- Camera

### **VERY IMPORTANT:**

Roses Gap Recreation Centre encourages campers to be sun safe at all times.

**Don't forget to bring sunscreen, a hat and a water bottle!**

It is also important that campers carry their personal medication during all activities, such as, epi-pens, asthma pumps and spacers.

### **What NOT to bring:**

- Good clothes
- Valuable items
- Electronic games
- Jewellery
- Mobile Phones
- Lollies, biscuits and chocolate