



## Fresh Nectarine Smoothie

<b>What to collect</b>	
<b>Ingredients</b>	<b>Equipment</b>
2 nectarines, seed removed, cut into chunks	blender
½ cup milk	chopping board
1 cup Greek yoghurt	knife
4 ice cubes	ice cube trays
1 cup frozen mangoes, cut into chunks	cups

### What to do

1. Add fruit, yoghurt and milk to a blender. Combine ingredients and then add ice cubes. Pulse until you have your desired consistency. Divide among cups and serve.