



Garden Salad With a French Dressing

What to collect	
Ingredients	Equipment
salad ingredients from the garden	chopping board
Dressing:	knife
2 tablespoons white wine vinegar	small bowl
1 tablespoon Dijon mustard	whisk
½ teaspoon sea salt	metric measuring spoons/cups
½ teaspoon caster sugar	salad spinner
½ cup olive oil	
pepper	

What to do

1. Harvest salad ingredients from the garden. (mainly lettuce & herbs)
2. Wash, cut and design a garden salad.
3. Combine white wine vinegar, Dijon mustard, sea salt and caster sugar. Whisk until well combined.
4. Add olive oil slowly, in a steady stream until the dressing thickens slightly. Season with pepper.