



## Garden Salad with an Asian Dressing

<b>What to collect</b>	
<b>Ingredients</b>	<b>Equipment</b>
3cm piece ginger root peeled & grated	chopping board
½ cup rice wine vinegar	knife
¼ onion, chopped	metric measuring spoons
1 tablespoon water	blender
¼ cup rice bran oil	spatula
1 teaspoon sesame oil	
1 tablespoon tomato paste	
1 pinch sugar	
1 pinch salt	
2 tablespoons soy sauce	
salad ingredients from the garden	

### **What to do**

1. Go out into the garden and harvest some salad ingredients.
2. Wash & dry the salad and chop as desired.
3. To make the dressing, place all ingredients into a blender & process until smooth.
4. Dress the salad just before serving.