



Green Salad With Oranges

What to collect

Ingredients	Equipment
variety of lettuce from the garden, washed, dried and chopped	chopping board
3 oranges, peeled, white pith removed and fruit segmented	knife
handful of snow peas	metric measuring cups/spoons
Dressing:	whisk
1 shallot, finely chopped	large & small bowl
2 tablespoons white wine vinegar	salad spinner
2 tablespoons orange juice	
1 teaspoon Dijon mustard	
½ teaspoon sugar	
1/3 cup extra virgin olive oil	

What to do

1. Place chopped salad ingredients into a bowl.
2. To make dressing, combine shallot, vinegar, juice, mustard and sugar. Slowly drizzle in oil, whisking constantly. Season with salt & pepper.
3. Dress salad and serve.