



Nectarine & Blueberry Muffins

What to collect

Ingredients	Equipment
1 ½ cups flour	muffin tray
½ cup sugar	chopping board
½ teaspoon salt	knife
½ teaspoon baking powder	metric measuring spoons/cups
½ teaspoon baking soda	zester
½ cup Greek Yoghurt	juicer
½ cup rice bran oil	mixing bowl
2 large eggs	wooden spoon
1 tablespoon vanilla extract	
1 lemon zested and juice from half	
1 cup blueberries	
1 cup nectarines, diced	

What to do

1. Mix all dry ingredients in one bowl.
2. Lightly beat the eggs and add in the Greek Yoghurt, oil, lemon zest and juice from ½ the lemon.
3. Mix wet ingredients into dry ingredients, until just combined. (don't overmix)
4. Fold in nectarines and blueberries.
5. Spoon mixture into muffin cases and sprinkle with a little raw sugar on top.
6. Bake muffins for 18-22 minutes at 170C.

Makes 12 muffins